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Inis Beag

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HUMAN SEXUAL BEHAVIOR

VARIATIONS IN THE ETHNOGRAPHIC SPECTRUM

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One]

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SEX AND REPRESSION IN AN IRISH FOLK COMMUNITY

In this chapter I will discuss sexual repression—its manifestations in behavior and beliefs, its causes, its inculcation, and its broader historical and cultural implications—in a small island community of the Gaeltacht that I will call Inis Beag.[1] My wife and I conducted ethnographic research there for nineteen months, between 1958 and 1966, which included a one-year stay and eight other visits of from one to seven weeks—at Christmas or during the summer. Ours is the only holistic ethnographic study of this community, although archeologists, linguists, philologists, folklorists, geographers, anthropometricians, and other scientists have undertaken research there for over a century. We collected a large body of culture and personality data on three other Irish islands for the purposes of making comparisons and testing hypotheses concerning culture and personality concomitants of island living. Inis Beag is ideally suited to ethnographic and folklore research in that its population possesses a tradition which is less acculturated than that of any other local Irish group.

According to anthropological definition (Lewis 1960: 1–2), the islanders qualify as folk people in almost every respect. The community has maintained its stability for at least 200 years; there is a strong bond between the peasants and their land, and agriculture provides them with

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[1] For other reports on Inis Beag, consult Messenger 1962, 1968, and 1969.

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the major source of their livelihood; production is mainly for subsistence and is carried on with a simple technology, using the digging stick, spade, and scythe as primary implements; the island folk participate in a money economy, but barter still persists; a low standard of living prevails, and the birth rate is high; the family is of central importance, and marriage figures prominently as a provision of economic welfare; the island is integrated into the county and national governments and is subject to their laws; the people have long been exposed to urban influences and have borrowed cultural forms from other rural areas on the mainland, integrating them into a relatively stable system; and, finally, the experience of living under English rule for centuries has created in the islanders an attitude of dependence on—yet hostility toward—government which continues to this day. The only conditions in Inis Beag which run counter to those found in most other peasant communities are low death and illiteracy rates and bilateral, rather than unilineal, descent (although inheritance is patrilineal).

Inis Beag culture also characterizes people of nearby islands, and the traditions of the several together might be regarded as forming a subculture of the total Irish system. Many island customs are shared with rural peasants on the mainland (where numerous regional subcultures exist), and some are part of a broader European matrix. The island has experienced considerable cultural change since the establishment of the Congested Districts Board (forerunner of the Gaeltacht) in 1891 and the growth of tourism in this century. But conditions there still approximate those which must have prevailed two generations ago, and earlier, throughout this region of peasant Ireland.

Inis Beag has a population of approximately 350 persons living in seventy-one "cottages" distributed among four settlements, called "villages." Bordering a "strand" and a large tract of common land on the northeastern side of the island are a series of limestone terraces, separated by water-bearing shales and faced by small cliffs, on which the villages are situated. Most of the arable land is found on this side, where the shales have been broken down by weathering and alien soils deposited by wind and by ice of the Weichsel glacier. Over many generations, the islanders have deepened these soils and created new soils on rock surfaces by adding seaweed, sand, and human manure. On the southwestern side of Inis Beag, known as the "back of the island," limestone pavements slope rather evenly, almost as the gentle dip of the strata, from the crest of the highest terrace to the sea a mile away. The bared surfaces are intersected in all directions by crevices,

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which contain a large portion of the natural flora—herbs and shrubs—of the island. Stone fences delimit many hundreds of plots which compose most of the two-square-mile land surface of Inis Beag.

The island boasts a post office with radio-telephone facilities, a "national school" in which three teachers instruct ninety pupils in the seven "standards," two provision shops with attached "pubs," a former coast guard station now housing the nurse and a knitting industry which employs local girls, a lighthouse, and a chapel served by a curate who resides nearby. Inis Beag lacks electricity and running water, and the only vehicles are several ass-drawn carts which are able to travel the narrow, fence-bordered trails. A small "steamer" carrying supplies, passengers, and mail to and from a mainland port visits the island at least once each week. That Inis Beag has experienced far less cultural change than other island communities of Ireland is largely due to the fact that, in absence of a deep water quay, the steamer has had to stand off the strand and be met by "canoes." Most of the tourists who come to the island stay only for the hours that the steamer is anchored and go ashore mainly for the thrill of riding in the canoes, which the island men row with consummate skill. Insofar as I can discover, the inhabitants of Inis Beag are less prone to visit the mainland than are the peoples of other Irish islands.

INIS BEAG
HISTORY AND CULTURE[2]

The prehistory and history of Inis Beag are recorded dramatically in a multitude of monuments and artifacts of stone and metal, including Neolithic axe-heads and kitchen middens, Copper-Bronze Age gallery grave tombs and burial mounds of earth and stone, an Iron Age promontory fort, and medieval Christian monasteries, churches, cemeteries, stone houses, and a sacred well, as well as a three-story tower house built by the political overlords of the island. Irish nativists claim that the contemporary folk are lineal descendants of ancient, once civilized

[2] The culture described herein is that of 1959–1960 and excludes important changes which have occurred since then, such as those resulting from the introduction of television, a summer language school for pupils from the mainland, and free secondary education.

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Celts. But local legend, historical evidence, and genealogical data collected by my wife and me indicate that the present population is descended from immigrants who came to the island from many parts of Ireland following the Cromwellian incursion of the seventeenth century. The islanders still express bitterness over conditions of poverty and servitude experienced by their ancestors during the 300 years that they lived under absentee Anglo-Irish landlords. All of the excesses of foreign domination suffered by mainland peasants were suffered by the inhabitants of Inis Beag, but were aggravated by the ordinary hardships of island living. Little was known about events in Inis Beag during the eighteenth and early nineteenth centuries until the island was visited by archeologists and publicized in their scientific writings. The surrounding area of the mainland was very much isolated and seldom visited at that time, although trading between Inis Beag and nearby communities was carried on, and passing ships sometimes called at the island.

Agricultural pursuits have always dominated the subsistence economy of Inis Beag. Most householders own land on which they grow potatoes and other vegetables, grass, and sometimes rye and sally rods and where they pasture cattle, sheep, goats, asses, and horses. The back of the island, behind the communities, is divided into four strips, and each landowner possesses numerous plots located along the "quarter" on which his village fronts. The average combined holding is sixteen acres, and almost 50 percent of the land is composed of arable indigenous and manufactured soils. Potatoes are the staple crop, and they are supplemented by various other vegetables, milk from cattle and goats, meat from island sheep, fish, eggs, and other foods, many of which are imported and sold in the shops. Rye is grown for thatching, and sally rods are used to weave several types of containers. Other subsistence activities (which also provide income for some folk) are knitting, weaving, crocheting, tailoring, and sandal making.

A slowly expanding cash economy features the export of cattle and sheep fattened on the island and of surplus potatoes and fish, the collection of seaweed for extraction of iodine at a mainland factory, the keeping of tourists in private homes, and the manufacturing of craft objects for sale to visitors and for export. At the turn of the century, fishing from canoes—with nets and lines often many miles out in the ocean—was an important subsistence and income activity. A few islanders who owned little or no land lived primarily by fishing and kelp-making. But over the past few decades, fish have become less plentiful and the weather more inclement, especially during winter

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226 months; less than a dozen crews now fish regularly, and most fish are consumed locally rather than exported. Government subsidies of many
434 sorts and remittances from relatives who have emigrated supplement the
657 cash economy. The government further aids the islanders by not collect-
[651] ing "rates" and by setting low rents on land. Income information is as
12 difficult to come by as data on sex, disputes, and pagan religious retentions; since the people do not wish to jeopardize their unemployment benefits (most of them receive the "dole") and old age pensions and fear taxation in the future, they are secretive about sources and amounts of income.

626 More important than the formal political structure of Inis Beag are the local informal system and social control techniques of gossip,
674 ridicule, satire, and the like. Crime is rare in Inis Beag, and there are no "guards" stationed there. The island is seldom visited by politicians,
829 and many inhabitants are either apathetic or antagonistic toward the
641 county and national governments. Those asked to account for their
[66] antigovernment attitude cite widespread nepotism and corruption among officials, the slight differences between the platforms of the two major parties, and "foolish" government schemes in Inis Beag—usually in-
[657] stituted without consulting the islanders. Government aid is sought and
[746] even expected as a "right," but it is seldom considered adequate. Taxation in any form, especially of tobacco and stout, is bitterly opposed.

626 The informal political system is dominated by the curate, the
793 "headmaster" of the national school, and a self-appointed local "king."
[875] In the past, the amount of influence exerted by curates has varied; some
[624] have been concerned mostly with fulfilling spiritual responsibilities, while others have attacked by sermon, threat, and even physical action such activities as courting, dancing, visiting, gossiping, and drinking
793 spirits. Anticlerical sentiment (seldom manifested in overt acts) is as
829 strong as, or stronger than, its antigovernment counterpart. The clergy are said to interfere too much in secular affairs, to live too "comfortably," to be absent from the island too often, and to act overly aloof and
[626] supercilious. The most outspoken anticlerics assert that curates have employed informers, allocated indulgences, withheld the sacraments, and placed curses ("reading the Bible at") in their efforts to regulate the
875 secular life of Inis Beag. The headmaster, appointed and rigidly super-
571 vised by the parish priest and curate, presides over social events and serves as an adviser to the islanders in many matters, in addition to carrying out his official duties.

571 Inis Beag lacks a class system, and the status symbols which affect

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human relationships are few. There is, in fact, little difference in the style of life between the most and the least prosperous of the islanders. The web of kinship rather than the possession of status attributes, for the most part, determines who will interact with whom and in what manner. Land and money are the principal symbols, with formal education and influential relatives (particularly priests, nuns, and teachers), on the mainland and abroad, becoming more important. Two generations ago, strength, courage, economic skills, and musical and storytelling abilities were highly regarded as well, but acculturation has lessened their significance.

Although there are fifty-nine nuclear families, only thirteen surnames exist today. There is much inbreeding, as might be expected, and the church carefully checks the genealogies of prospective spouses to ascertain their degree of consanguinity. Courtship is almost nonexistent, and most marriages are arranged with little concern for the desires of the young people involved. Late marriage and celibacy are as prevalent in Inis Beag as elsewhere in Ireland. The average marriage age for men is thirty-six and for women twenty-five, and 29 percent of those persons eligible for marriage are single.[3] The functions of the family are mainly economic and reproductive, and conjugal love is extremely rare. A sharp dichotomy exists between the sexes; both before and after marriage men interact mostly with men and women with women. The average family has seven offspring, and many women are unhappy about being forced by the unauthorized decree of local priests to produce as many children as possible. They feel that the constant bearing and rearing of offspring increase their work, restrict their freedom, and perpetuate the poverty of their families. Jealousy of the greater freedom of men is commonly expressed by women who have many young children. Mothers bestow a considerable amount of attention and affection on their offspring, especially on their sons. However, tensions between fathers and sons which develop in childhood often flare into scarcely repressed hostility

[3] Twenty-nine percent of those islanders of marriageable age are single. This rises to a high of 37 percent among first and second generation Inis Beag emigrants, indicating the actions of more than just economic causes. Irish scholars, for obvious reasons, tend to stress economic and other (climate, race, English oppression, the famine, loss of the Irish tongue, etc.) monistic causes in their analyses of culture and personality phenomena. Inadequate statistics for second and third generation migrants from Inis Beag suggest that the celibacy rate lowers markedly only when descendants of immigrants dissociate themselves from Irish ethnic communities and Irish-American priests. Ethnographic research is sorely needed among Irish of several generations in the countries to which they have migrated to probe this and other phenomena.

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593 later on, particularly in those families where competition for the inheri-
428 tance of property is engendered among siblings by the fathers' attempts to ensure favored treatment in old age.

562 Men are far more active socially than are women. The latter are
574 restricted by custom mostly to visiting, attending parties during the
571 winter, and participating in church-associated activities. Many women
[484] leave their cottages only to attend mass, wakes, and funerals or to make infrequent calls on relatives; my wife and I talked with some elderly women who had not visited other villages or walked to the back of the
[275] island for thirty or more years. Men not only attend parties with their
[524] womenfolk but go to dances during the summer, frequent the pubs, play cards almost nightly during November and December (the period when once people congregated to hear storytellers), visit the homes of kin and friends or meet along the trails at night, and range the entire
177 island and the sea about it in their economic pursuits. Before the age
462 of benevolent government, women shared many economic tasks with men, such as collecting seaweed, baiting lines, and gutting fish. But now they tend to household chores and only milk cows and perform some of the lighter farming jobs with their fathers and husbands.

178 The island folk are devout Catholics, despite the fact that they are
771 critical of their priests and hold pagan religious beliefs. Youth of Inis Beag overtly disallow the existence of other than church-approved super-
771 natural entities. However, their elders cling to traditional pagan beliefs
776 and practices (many of which are Druidic in origin) about which they are extremely secretive for fear of being ridiculed by outsiders and their
776 more skeptical neighbors. The non-Christian array of spiritual beings includes various spirits and demons, ghosts, witches, phantom ships, and animals and material objects possessing human attributes and volitions. Prominent among the spirits thought to inhabit Inis Beag are the trooping and solitary fairies, sea creatures, mermaids, and the banshee. The most formidable of the demons is a pooka which lives in a Bronze Age burial mound and roams the strand and common land at night altering its shape and size at will; during the day it will twist the limbs of unwary persons
775 who choose the hill for a resting place. Ghosts, called "shades," are frequently seen after dark performing economic tasks. They are thought to be doing penance in purgatory, which embraces the earth as well as a spiritual locus; this is one example of the many reinterpretations of
754 Christian and pagan belief effected by the islanders. The only form of witchcraft practiced today is the casting of the evil eye. At least three persons, suitably ostracized, are believed to be able to perpetrate evil

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by the act of complimenting their victims. Other religious retentions found in Inis Beag are a multitude of taboos, divination through the seeking of omens, magical charms and incantations of a protective nature, and an emphasis on "natural" foods, folk medicines, and other products impinging on the human body.

It is believed by many people in Ireland that the Catholicism of the islanders embodies an ideal unattained on the mainland, where the faith is thought to set an example for the world. In fact, the worship of the folk is obsessively oriented toward salvation in the next world, with a corresponding preoccupation with sin in this world; there is a resemblance to polytheism in the manner in which they relate to the Blessed Virgin and Irish saints; Christian as well as pagan rituals and religious artifacts are often employed to serve magical ends; and many beliefs that they hold to be orthodox Catholic are in reality idiosyncratic to Inis Beag or Ireland. Christian morality in its "outward" manifestations is realized to a remarkable degree. This can be attributed, in part, to the emphasis placed on good works as a means of gaining salvation; but, more importantly, it results from the already-mentioned techniques of social control exercised by the clergy, based on an overwhelming fear of damnation.

RESEARCH PROCEDURES

The most active researchers in Inis Beag have been folklorists. Although ethnology as a discipline is not represented in the national universities and elsewhere in the Republic, folklore in the European humanistic tradition is strongly developed. The deliberate recording of the immense body of Irish folklore, folk beliefs, and folk customs began in the early part of the last century, was spurred by nativism—of which the Gaelic Revival was the main strand, and was institutionalized in the Republic with the formation of, first, the Folklore of Ireland Society in 1926, then the Irish Folklore Institute in 1930, and, finally, the Irish Folklore Commission in 1936 (Delargy 1957). For many years, commission collectors have visited Inis Beag, recording mostly the verbal art and material traits—with their associated behavior—of the island folk. They have not attempted to describe and analyze functionally and dynamically the total culture of the island; their visits have been brief and intermit-

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114 538 tent; they have depended on a limited sample of respondents; and most of their queries have been guided by Sean O Suilleabhain's *A Handbook of Irish Folklore*, which does not contain numerous categories of significance to anthropologists.

12 My wife and I devoted most of our research to documenting the contemporary culture of Inis Beag: its economic, political, social, religious, esthetic, and recreational aspects. We also described formal and informal education and the personality traits formed by it, reconstructed Inis Beag history of the past century by examining historical materials of many types and probing the memories of aged island respondents, and recorded cultural change in process over an eight-year period. The standard ethnographic research techniques that we employed include guided and open-ended interviews, external and participant observation, collection of life histories, cross-checking, photography, and phonog- [161] raphy. The sample for much of our data was the total universe of 350 inhabitants.

It is extremely difficult to obtain information in Inis Beag about such matters as amounts and sources of income, disputes, pagan religious retentions and reinterpretations, and sex. This brief list might be increased by at least threefold and gives rise to a consideration of the problems associated with obtaining reliable data from the Irish in general and the 114 islanders in particular. Honor Tracy, in the first chapter (aptly entitled 12 "Forebodings") of her book, *Mind You I've Said Nothing*, humorously 181 presents one of the shortest, yet most discerning analyses of Irish national character yet written by a novelist and predicts the various reactions that her volume will evoke in Irish readers.[4] She concludes with the following remarks about the difficulties surrounding fact finding in Ireland:

> This question of fact was another of the spectres hovering in my path. In every book there should be a fact here and there or the writer is charged [521] with aimless frivolity. But facts in Ireland are very peculiar things. They are rarely allowed to spoil the sweep and flow of conversation: the crabbing

[4] These reactions appear to be institutionalized, as my writings and conversational remarks have also evoked them. Two additional responses that I have encountered are: my conclusions are invalidated because I failed to consult certain "source materials" written in Gaelic, and my inferior writing style precludes serious consideration of my findings. I take pains to explain, usually in vain, the many methods of fieldwork utilized by ethnographers to Irish persons who are critical of my data and who invariably use the phrase, "You can't trust what an Irishman tells you." On a rare occasion, one listener to my lengthy explanation said, "Ah, you're cuter than we are"—a compliment indeed!

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effect they have on good talk is eliminated almost entirely. I do not believe myself that the Irishman conveniently ignores their existence, as sometimes is said, so much as that he is blithely unaware of it. He soars above their uninviting surfaces on the wing of his fancy. Who then would answer my questions truthfully, who would supply me with that modicum of sober and accurate information required to give my book a serious air? No one, as far as I know. And if facts are elusive and shadowy things in Ireland, opinions are more so. An Irishman, sober, will say not what he thinks but what he believes you would like him to think; he is a man of honeyed words, anxious to flatter and soothe, cajole and caress. When he has taken a jar or two . . . he will say whatever he judges will give the greatest offence. In neither case does he reveal his own true thoughts if, to be sure, he has any. He would be in dread lest you quoted him and the story went round and he got the name of a bold outspoken fellow, which might be bad for business. And then again so many Irishmen find an innocent glee in misleading and deceiving for its own sake. Obfuscation is the rule, and while it may seem a little foolish at times, there is no doubt that it makes for a great deal of fun. It cultivates too a sharpness of ear, a feeling for half-tones and shades and subtleties, and a wary alertness that would be worth its weight in gold should one ever be lost in a jungle (Tracy 1953: 20–21).

I will not concern myself with the various cultural and psychological causes accounting for this state of affairs, which would require an essay equal in length to this one. Suffice it to say, the quotation in considerable measure applies to interviewing in Inis Beag, where my wife and I took great pains to disentangle real from ideal culture by substantiating interview data with observation, wherever possible. The existence of the conditions depicted by Tracy, as well as the numerous cultural practices shrouded in secrecy, led us to return to the island several times after 1960 before attempting an ethnography, to emphasize various modes of participant observation in order to gain added rapport, to devise ad hoc research methods of an unorthodox nature,[3] to "hone" our orthodox tools and employ cross-checking techniques at every stage of our research, and to

[3] Departures from methodological orthodoxy were our use, as projective devices, of literary works and a ballad that I composed. Islanders read at our request books about Inis Beag, and we recorded and analyzed their responses. The ballad that I wrote, now embedded in the local verbal art tradition, is based on a shipwreck and rescue that we witnessed, and a series of fascinating events which ensued during the following months. The manner of its composition, the alteration of it by Inis Beag singers after it was written, and the circumstances surrounding its public presentation by various balladiers before differing audiences gave us invaluable ethnographic insights.

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cultivate that "sharpness of ear . . . feeling for half-tones and shades and subtleties, and . . . wary alertness" which characterize ethnographic endeavor as an art as well as an epistemology.

The use by the folk of "wings of fancy," "honeyed words," and "obfuscations"—popularly known as "blarney"—reflects a long tradition of verbal skill. It is a vital component of Irish and Inis Beag "charm," which often is a product of a delicately poised set of defense mechanisms; beneath it can lie feelings of inferiority and dislike, envy, and jealousy of others. Blarney can very effectively serve to shield genuine thoughts and feelings and thus protect the ego. Irish folklore and literature also reflect this tradition of verbal skill, and it is probably expressed most formidably in James Joyce's *Ulysses* and *Finnegan's Wake*. (At least one folklorist has collected "Joycean utterances" from Irish peasants.)

Most of our information came from observation and unguided interviews. It proved impossible to take field notes openly, except when collecting innocuous data—such as the number of livestock owned by each householder—from a few particular persons. Thus, we were forced to limit our visits to less than two hours, after which we immediately transcribed what our combined memories could resuscitate. Despite frequent explanations of our presence in Inis Beag, which were candid and truthful, it was thought by the islanders that I was interested only in archeological sites and oral literature, and that my wife was not a trained and experienced co-worker; this, obviously, reflects their previous experiences with scientists and their conception of the position of women in society. Their inability to evaluate adequately our intentions proved to be a research boon. For once "accepted" (a relative term, since no outsider is ever accepted) after many months in the island, we were allowed to listen to and participate in conversations and activities from which we would otherwise have been excluded.

Our data on sex came from my involvement as a participant-observer in personal and often intimate conversations with men and my wife's counseling of women who were bothered by such matters as explaining and coping with menstruation, menopause, mental illness, the sexual curiosity of their children, and "excessive" sexual demands of their spouses. Our sexual knowledge and sympathy coupled with their needs and inquisitiveness gave rise to a "counselor-client" relationship between many of the folk and ourselves. They came to speak freely, albeit indirectly at times, with each of us about this sphere of behavior which arouses so much anxiety and fear. I must mention that the relationship

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arose partly out of our desire to alleviate distress and not solely to collect information. We had performed the same role seven years earlier among primitive Nigerians, and for similar reasons. However, the Africans were uninhibited, talked freely with us about sex, and were not offended by what we subsequently wrote.

Another important source of information on sex was the island nurses, who supplied us with accounts of their own observations over an eight-year period and gave us access to pertinent medical records. My wife and I believe that our information is, for the most part, reliable, but that some of it may well be erroneous. This report will, we are afraid, offend and alienate some of our Inis Beag friends, for whom we hold deep affection; they do not comprehend the aims and values of anthropology and may regard our reporting of sexual beliefs and behavior as a breach of friendship and trust. Certainly our findings will be denied by many Irish readers.

More than any other type of research, culture and personality investigations are needed in Ireland today. Social and cultural anthropologists, rural sociologists, folklorists, and geographers in small numbers have managed to describe and analyze the major sociocultural forms of the Irish folk, but personality generalizations, by and large, have been the by-products of research into other areas and have tended to be impressionistic. Some of the most penetrating studies of Irish character have been made "at a distance" and through the analysis of projective systems and narrow units of culture, such as drinking patterns (Bales 1962). Some Irish writers—"intuitive anthropologists" I call them—also have had insightful things to say about Irish character (usually at a distance too, from church and state). What is sorely needed is a holistic community study done by a culture and personality specialist—a person skilled not only in ethnography, social psychology, and psychiatry (and able to administer projective tests), but well versed in Irish history, literature, and contemporary affairs as well.

SEXUAL REPRESSION: ITS MANIFESTATIONS

Both lack of sexual knowledge and misconceptions about sex among adults combine to brand Inis Beag as one of the most sexually naive of the world's societies.

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*831 the world's societies. Sex never is discussed in the home when children
864 are about; only three mothers admitted giving advice, briefly and incompletely, to their daughters. We were told that boys are better advised than girls, but that the former learn about sex informally from older boys and men and from observing animals. Most respondents who were questioned about sexual instructions given to youths expressed the belief that "after marriage nature takes its course," thus negating the need for anxiety-creating and embarrassing personal confrontation of parents and
[163] offspring. We were unable to discover any cases of childlessness based on
[184] sexual ignorance of spouses, as reported from other regions of peasant
83 Ireland. Also, we were unable to discover knowledge of the sexual categories utilized by researchers in sex: insertion of tongue while kissing, male mouth on female breast, female hand on penis, cunnilingus, fellatio, femoral coitus, anal coitus, extramarital coitus, manifest homosexuality, sexual contact with animals, fetishism, and sado-masochistic behavior. Some of these activities may be practiced by particular individuals and couples; however, without a doubt they are deviant forms in Inis Beag, about which information is difficult to come by.

841 Menstruation and menopause arouse profound misgivings among
[886] women of the island, because few of them comprehend their physiological
[123] significance. My wife was called on to explain these processes more than any other phenomena related to sex. When they reach puberty, most girls are unprepared for the first menstrual flow and find the experience a traumatic one—especially when their mothers are unable to provide
828 a satisfactory explanation for it. And it is commonly believed that the
886 menopause can induce "madness"; in order to ward off this condition, some women have retired from life in their mid-forties and, in a few cases, have confined themselves to bed until death, years later. Others have so retired as a result of depressive and masochistic states. Yet the harbingers of "insanity" are simply the physical symptoms announcing the onset
158 of menopause. In Inis Beag, these include severe headaches, hot flashes,
828 faintness in crowds and enclosed places, and severe anxiety. Mental
[784] illness is also held to be inherited or caused by inbreeding (or by the Devil, by God punishing a sinner, or by malignant pagan beings) and stigmatizes the family of the afflicted. One old man came close to revealing what is probably the major cause of neuroses and psychoses in Ireland, when he explained the incarceration of an Inis Beag curate in a mental institution for clerics as caused by his constant association with
828 a pretty housekeeper, who "drove him mad from frustration." This elder advocated that only plain-appearing older women (who would not "gab"

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to "our man") be chosen for the task. Earlier, according to island opinion, the same priest had caused to be committed to the "madhouse" a local man who publicly challenged certain of his actions. The unfortunate man was released six months later, as per law, since he was not mentally ill. 828

Sexual misconceptions are myriad in Inis Beag. The islanders share with most Western peoples the belief that men by nature are far more libidinous than women. The latter have been taught by some curates and in the home that sexual relations with their husbands are a "duty" which must be "endured," for to refuse coitus is a mortal sin. A frequently encountered assertion affixes the guilt for male sexual strivings on the enormous intake of potatoes of the Inis Beag male. (In Nigeria, among the people whom my wife and I studied, women are thought to be more sexually disposed than men and are the repositories of sexual knowledge; it is they who initiate coitus and so pose a threat to their spouses. Nigerian men place the blame on clitoridectomy performed just prior to marriage.) Asked to compare the sexual proclivities of Inis Beag men and women, one mother of nine said, "Men can wait a long time before wanting 'it,' but we can wait a lot longer." There is much evidence to indicate that the female orgasm is unknown—or at least doubted, or considered a deviant response. One middle-aged bachelor, who considers himself wise in the ways of the outside world and has a reputation for making love to willing tourists, described one girl's violent bodily reactions to his fondling and asked for an explanation; when told the "facts of life" of what obviously was an orgasm, he admitted not realizing that women also could achieve a climax, although he was aware that some of them apparently enjoyed kissing and being handled. 831* 833 [771] [864] [824] [171]

Inis Beag men feel that sexual intercourse is debilitating, a common belief in primitive and folk societies. They will desist from sex the night before they are to perform a job which will require the expenditure of great energy. Women are not approached sexually during menstruation or for months after childbirth, since they are considered "dangerous" to the male at these times. Returned "Yanks" have been denounced from the pulpit for describing American sexual practices to island youths, and such "pornographic" magazines as *Time* and *Life*, mailed by kin from abroad, have aroused curates to spirited sermon and instruction. 831* 834 [841] 831* 177 771 864 831*

The separation of the sexes, started within the family, is augmented by separation in almost all segments of adolescent and adult activity. Boys and girls are separated to some extent in classrooms, and completely in 562 834 [858] [864]

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recess play and movement to and from school. During church services, there is a further separation of adult men and women, as well as boys and girls, and each of the four groups leaves the chapel in its turn. The pubs are frequented only by men or by women tourists and female teachers who have spent several years on the mainland while training and thus are "set apart" (and, of course, by inquisitive female ethnographers). Women occasionally visit the shops to procure groceries, but it is more common for them to send their children to do so, since supplies and drinks are proffered across the same counter, and men are usually to be found on the premises. Even on the strand during summer months, male tourists tend to bathe at one end and women at the other. Some swimmers "daringly" change into bathing suits there, under towels and dresses—a custom practiced elsewhere in Ireland which has overtones of sexual catharsis.

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It is often asserted that the major "escape valve" of sexual frustration among single persons in Ireland is masturbation; frustration-aggression theorists, however, would stress the ubiquity of drinking, alcoholism, disputes, and pugnacity as alternative outlets. Pugnacity can also be linked to the widespread problem of male identity. Our study revealed that male masturbation in Inis Beag seems to be common, premarital coitus unknown, and marital copulation limited as to foreplay and the manner of consummation. My wife and I never witnessed courting—"walking out"—in the island. Elders proudly insist that it does not occur, but male youths admit to it in rumor. The claims of young men focus on "petting" with tourists and a few local girls, whom the "bolder" of them kiss and fondle outside of their clothing. Island girls, it is held by their "lovers," do not confess these sins because they fail to experience pleasure from the contact. The male perpetrators also shun the confessional because of their fear of the priest.

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We were unable to determine the frequency of marital coitus. A considerable amount of evidence indicates that privacy in the act is stressed and that foreplay is limited to kissing and rough fondling of the lower body, especially the buttocks. Sexual activity invariably is initiated by the husband. Only the male superior position is employed; intercourse takes place with underclothes not removed; and orgasm, for the man, is achieved quickly, almost immediately after which he falls asleep. (I must stress the provisional nature of these data, for they are based on a limited sample of respondents and relate to that area of sexual behavior least freely discussed.)

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Many kinds of behavior disassociated from sex in other societies,

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Sex and Repression in an Irish Folk Community

Many kinds of behavior disassociated from sex in other societies such as nudity and physiological evacuation, are considered sexual in Inis Beag. Nudity is abhorred by the islanders, and the consequences of this attitude are numerous and significant for health and survival. Only infants have their entire bodies sponged once a week, on Saturday night; children, adolescents, and adults, on the same night, wash only their faces, necks, lower arms, hands, lower legs, and feet. Several times my wife and I created intense embarrassment by entering a room in which a man had just finished his weekly ablutions and was barefooted; once when this occurred, the man hurriedly pulled on his stockings and said with obvious relief, "Sure, it's good to get your clothes on again." Clothing always is changed in private, sometimes within the secrecy of the bedcovers, and it is usual for the islanders to sleep in their underclothes.

Despite the fact that Inis Beag men spend much of their time at sea in their canoes, as far as we could determine none of them can swim. Four rationales are given for this deficiency: the men are confident that nothing will happen to them, because they are excellent seamen and weather forecasters; a man who cannot swim will be more careful; it is best to drown immediately when a canoe capsizes far out in the ocean rather than swim futilely for minutes or even hours, thus prolonging the agony; and, finally, "When death is on a man, he can't be saved." The truth of the matter is that they have never dared to bare their bodies in order to learn the skill. Some women claim to have "bathed" at the back of the island during the heat of summer, but this means wading in small pools with skirts held knee-high, in complete privacy. Even the nudity of household pets can arouse anxiety, particularly when they are sexually aroused during time of heat. In some homes, dogs are whipped for licking their genitals and soon learn to indulge in this practice outdoors. My wife, who can perform Irish step-dances and sing many of the popular folk songs, was once requested to sing a seldom-heard American Western ballad; she chose "The Lavendar Cowboy," who "had only two hairs on his chest." The audience response was perfunctory and, needless to say, she never again was "called out" to sing that particular song.

The drowning of seamen, who might have saved themselves had they been able to swim, is not the only result of the sexual symbolism of nudity; men who were unwilling to face the nurse when ill, because it might have meant baring their bodies to her, were beyond help when finally treated. While my wife and I were on the island, a nurse was assaulted by the mother of a young man for diagnosing his illness and

bathing his chest in the mother s absence. (In this case, Oedipal and sexual attitudes probably were at work in tandem.)

It must be pointed out that nudity is also shunned for "health" reasons, for another obtrusive Inis Beag character trait is hypochondria. In some cases, however, it is hard to determine whether concern with modesty or health is dominant in a particular behavioral response. Fear of colds and influenza is foremost among health concerns; rheumatism and related muscular joint ailments, migraine headaches and other psychosomatic disorders, tooth decay, indigestion ("nervous stomach"), and hypermetropia are other widespread pathologies which cause worry among the folk—not to mention those of supernatural origin.

Secrecy surrounds the acts of urination and defecation. The evacuation of infants before siblings and strangers is discouraged, and animals that discharge in the house are driven out. Chickens that habitually "dirty" their nests while setting are soon killed and eaten. Although some women drink spirits privately, they seldom do so at parties. In part this is because of the embarrassment involved in visiting the outside toilet with men in the "street" looking on. One of the most carefully guarded secrets of Inis Beag, unreported in the many works describing island culture, is the use of human manure mixed with sand as a fertilizer. We were on the island eight months before we discovered that compost is not "street drippings" and "scraw," but decomposed feces. With "turf" becoming more difficult to procure from the mainland, some islanders have taken to importing coal and processed peat and burning cattle dung. The dung is prepared for use in difficult-to-reach plots at the back of the island when tourists are few in number; it is burned covertly because of the overtones of sex and poverty. Another custom that my wife and I learned of late in our research, due to the secrecy surrounding it, concerns the thickening of wool; men are required to urinate in a container and tread the wool therein with their bare feet.

Other major manifestations of sexual repression in Inis Beag are the lack of a "dirty joke" tradition (at least as the term is understood by ethnologists and folklorists) and the style of dancing, which allows little bodily contact among participants. I have heard men use various verbal devices—innuendoes, puns, and asides—that they believed bore sexual connotations; relatively speaking, they were pallid. In the song that I composed, one line of a verse refers to an island bachelor arising late in the day after "dreaming perhaps of a beautiful mate"; this is

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regarded as a highly suggestive phrase, and I have seen it redden cheeks and lower glances in a pub. Both step- and set-dancing are practiced in Inis Beag, although the former type is dying out. This rigid-body dancing, from which sex is removed by shifting attention below the hips, appears to have originated in Ireland during the early nineteenth century. The set patterns keep partners separated most of the time; but, even so, some girls refuse to dance, because it involves touching a boy. Inis Beag men, while watching a woman step-dance, stare fixedly at her feet, and they take pains to appear indifferent when crowding at a party necessitates holding women on their laps and rubbing against them when moving from room to room. But they are extremely sensitive, nevertheless, to the entire body of the dancer and to these casual contacts, as are the women. Their covert emotional reactions (which become overt as much drink is taken) are a form of catharsis.

SEXUAL REPRESSION: ITS HISTORICAL CAUSES

Analysts of Irish character have put forth various hypotheses to account for sexual repression, ranging from the sophisticated to the absurd. The former can be classified under three rubrics: historical (e.g., the influence of ascetic monasticism, Augustinianism, and Jansenism), sociocultural (e.g., the Oedipus complex in the Irish family and male solidarity), and psychological (e.g., masochism). Beyond serious scientific consideration are such hypotheses as the loss of the Irish tongue, lack of a Catholic aristocracy, fear of Protestant libertinism, and the ever-appealed-to factors of race, climate, and the famine. In the following paragraphs, I will quote excerpts from Irish authors and from critical observers of the Irish scene, including social scientists, rather than dissect their views myself.

Paul Blanshard, in his polemical but insightful (and, in my estimation, often understated) work, *The Irish and Catholic Power*, says that "whatever the explanation, the total sexual expression of the Irish people is much less than it is in other countries, and that the Catholic crusade against normal sexual life has actually created a nation of men and women who try to drown their fundamental instincts." In attempting to account for sexual repression on such a scale, he writes:

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Ireland was . . . one of the world's most ascetic countries, and the monastic ideal has undoubtedly left a deep mark on the Irish mind. Although Irish priests were permitted to have wives as late as the eighth century, sexual renunciation came to be identified with virtue and distinction in the community, and thousands of the best men and women lived apart from each other. Kevin Devlin in his *Christus Rex* article on "Single and Selfish" . . . says of the ancient Irish that "when they 'fell in love with Christianity' . . . they took to the ideal of virginity with a Pauline enthusiasm unknown elsewhere. St. Patrick himself noted this with an inflection of surprise in the *Confessions* . . ." (Blanshard 1954: 160–161).

Several Irish scholars since 1955 have expressed the opinion in personal conversations that the rapidity of Irish conversion to monasticism in the early medieval period can be attributed, in large measure, to masochism. [53] This ancient character trait is most evident in the projective system of early Irish verbal art, if one discounts the possibility of widespread distortion through the actions of Celtic defense mechanisms and later revisionists.

In a recent book, the impact of Augustinianism at this time and in the centuries to come is examined by Fr. Alexander Humphreys. He says in *New Dubliners:*

> The specific doctrinal tradition to which Ireland and the Irish countryman in particular has fallen heir is the Augustinian. . . . [It] lays relatively greater emphasis on the weakness and evil to which human nature is prone as the result of original sin. By the same token, it attributes relatively less efficacy to natural knowledge and human action and relatively more validity to God's revelation and more power to the action of God's grace. . . . [The] Irish countryman has acquired a more than average distrust of native human reason. As a Catholic he cannot and does not deny the validity of rational thought, but he tends to be quite suspicious of the pride of the mind and so wary of ultimate rationalism that he shies away from reasoned discussions of high truths. . . . The tradition he inherits tends toward a certain historical and theological positivism in regard to the major truths and values of life, and, together with other historical factors, has led him to an intensified reliance upon the teaching power of the Church as voiced by the clergy. At the same time, while appreciating the need for positive good works, he is inclined to place relatively greater emphasis on those which are directly concerned with obtaining grace and relatively lesser store by simple ethical behaviour. And finally, although he is certain that man's bodily nature with its emotions is at root good, he is rather more suspicious of it and deals with it somewhat more severely. As a result he inclines to a jaundiced view of sex and a generally ascetic outlook which

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places a high premium upon continence, penance and, in most spheres of life, on abstemiousness (Humphreys 1966: 25–26).

Humphreys further points out that "the effects of the religious tradition of the Irish, let alone of the countryman, upon the social behavior and attitudes of the people has never been systematically studied from a sociological point of view." He notes that the classic study, *Family and Community in Ireland*, by Conrad Arensberg and Solon Kimball, based on research done over thirty years ago, "leaves the matter virtually untouched," and "attributes the countryman's attitude towards sex almost exclusively to the structure of life in the rural community."

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Granted the profound influence social structure has on such a basic matter, a purely structural-functional analysis is hard put to explain adequately the quite ascetic sexual morality of the Irish countryside. . . . [An] attitude similar to that of the countryman is far from uncommon in a city such as Dublin—and among New Dubliners and Old Dubliners to boot—whose social structure differs so radically from that of the countryside. Structural-functional explanations of attitudes do hold up to a point. But world-views and their ethical consequences also have their special effect (Humphreys 1966: 24–27).

Monasticism and Augustinianism certainly "set the stage" for later Jansenism, although all three probably are connected with basic Irish culture and personality traits of long standing.

Jansenism is succinctly placed in its historical context in Ireland by Joe McCarthy.

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Like most everything in Ireland, the severe strictness of the old-time Catholic clergymen was rooted in historical events of the country's past. During the dark era of the anti-Catholic Penal Laws in the 18th Century, young Irishmen had to study for the priesthood on the Continent. In the early 1790's, the British Government became alarmed by the rise of Theobald Wolfe Tone's Irish Protestant revolutionary movement and made hurried bids of appeasement to Irish Catholics in an effort to win their loyalty. One of these conciliatory moves was the establishment of the Catholic theological seminary at Maynooth in 1795. Perhaps not entirely by accident, the faculty of the new college was staffed by refugees from the French Revolution, promonarchy theologians who hated Tone's republican ideas. Most of these theologians had been influenced by Jansenism—the rigid and gloomy doctrine, denounced as Calvinistic by the Jesuits, that man is a helplessly doomed being who must endure punishing soul-searching and rigorous penances to prove his love of God. Mere faith and constant church-going . . . are not

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*831 155 175 178 181 779 795 798 [785] enough to win salvation. . . . Thanks to the influence of the French theologians at Maynooth, most of the Irish Catholic hierarchy sided with the British against Tone in the rebellion of 1798, and supported Prime Minister William Pitt's Act of Union. Their forbidding and stern Jansenist theory strongly flavored Irish Catholicism until it was finally officially discouraged in the middle of the 19th Century. The last vestiges of the doctrine have long since disappeared from Irish Catholicism, but the unusual devotion of the Irish people today to physically punishing religious pilgrimages possibly could be traced in part back to the old teaching of Maynooth that love of God must be demonstrated by harder acts than receiving the sacraments and going to daily Mass (McCarthy 1964: 78).

*831 155 178 181 779 798 Our research reveals that in some areas of Ireland "the last vestiges of the doctrine" are still associated with Irish Catholicism. In fact, one Dublin social scientist with whom I correspond asserts that Jansenism as manifested in sexual repression probably reached its zenith in the 1930s and has gradually been dying out since then. However, it is still very apparent, even among "emancipated" Dubliners of the middle and upper classes.

A much harsher evaluation of Jansenism, again in an historical context, is found in Bryan McMahon's chapter in *The Vanishing Irish*, edited by Fr. John O'Brien, a collection which also includes pertinent essays by Arland Ussher and the editor himself. McMahon says:

[785] Associated with the heresy of Jansenism were the principles of an exaggerated moral and disciplinary rigorism under the pretext of a return to the primitive Church. The Celtic spirit, despite or rather because of its essential volatility . . . would appear to me to provide an ideal field for the culture of Jansenism. The penances of the early Celtic monks were severity itself. . . Today, when the idea of physical penance would appear to be repugnant to the entire world, such laudable manifestations of physical denial as the exercises of Lough Derg and Croagh Patrick are beacons amid the darkness. But the danger is that by a flaw in the Celtic nature we are apt to be led by overcompensation into penitential excesses; then it is that the traits of [874] Jansenism are there to fill lacunae in our nature. Significant in this context is the presence of four refugee doctors of the Sorbonne on the staff of Maynooth College in its early and formative years. [Their] teachings . . . cannot but have in some measure colored . . . the whole course of Irish seminary life and consequently the whole body of Irish lay thought (O'Brien 1953: 215–216).

Might not the "volatile nature" of the "Celtic spirit" and the "flaw in the Celtic nature" whose "lacunae" Jansenism fills be persistent maso-

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chism? Ussher addresses his remarks more directly to the sexual implications of Jansenism.

> Certainly the puritanic bias of the Church in Ireland surprises visitors from other Catholic communities. It is often said that Irish schools and seminaries in the last century were infected with the remnants of Jansenism. . . . The dismal fact remains that Irishmen tend to regard procreation as a shameful necessity, and Irish girls grow up to think of sex as something dark, cold, and forbidding. Statistics are scarcely available, but it seems to me that the word "dirty" is used in modern Ireland in one sense only, namely, to cover every manifestation, even the most natural, of sex passion. . . . Irish married couples seldom give the impression of being biologically satisfied or even awakened; and if they are not, it may partly account for the slovenly, listless, don't care rather than devil-may-care quality of Irish life—the "spit" but never the "polish" (O'Brien 1953: 161–162).

It is interesting to note that Ussher, an Irishman, uses the word "puritanic." I have been severely criticized by Irish readers for using it in this and previous works, since it refers to an English religious movement as well as Cromwell's party.

The editor presents an equally down-to-earth pronouncement of the effects of Jansenism.

> Here Father Murphy has singled out a factor of enormous importance in explaining the grotesque proportion of bachelors and spinsters among the Irish: the typical Irish attitude toward marriage, which, as he and many other priests have suggested, would seem to have an underlying touch of Jansenism. That attitude looks upon marriage and sex as rather regrettable necessities in the propagation of the race: it would have been much better if God had arranged for offspring in some other way. Irish parents shy away from the distasteful task of lifting the veil upon this earthy, unappetizing, and somewhat unclean subject (O'Brien 1953: 105).

The plea for a less "distasteful" manner of reproduction was actually voiced by several Inis Beag women; and most island parents do not lift the "veil," in part because of their own ignorance of sexual matters.

The impact of the Oedipus complex on Irish character has been explored by cultural analysts and writers almost from the time Freud first conceptualized the phenomenon. Indeed, Freud might have been describing Ireland rather than a particular class in Austria at the turn of the century (just as Marx might have had Ireland in mind when positing religion as the opiate of the oppressed masses). Two recent con-

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114 troversial novels use the Oedipus complex as a focus. *Michael Joe,* by
155 William Murray, examines the role of the emasculating Irish mother, and John McGahern, in *The Dark,* probes the conflict between father and son so characteristic of Irish society.

114 One of the most penetrating studies of this sociocultural configuration, which has such momentous psychological consequences, is that of Marvin Opler and Jerome Singer, conducted among first, second, and third generation Irish male schizophrenic patients in New York hospitals. The intent of these social scientists was to determine how psychotic syndromes are culturally patterned. For a year they observed their respondents to obtain total psychiatric, anthropological, and psychological profiles. Their observations included ward scrutiny, interviews, the collection of life histories and case histories, and the administration of thirteen tests, among them the Rorschach, Thematic Apperception, Sentence Completion, and Porteus Maze. The investigators conclude that there is a continuity of Irish (and Italian) culture and personality forms among immigrants for at least three generations; their psychological findings are buttressed by research data collected in Irish and English mental institutions. My wife and I visited one of these hospitals and
[12] interviewed several Irish psychiatrists both there and in America. Our own conclusions support many of those reported by Opler, Singer, and
* 831 the psychiatrists interviewed.* Opler and Singer have the following to
15 say about the Oedipus complex in Ireland:
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> Normative cultural standards led to the hypothesis that the central female figure in the Irish family, the mother, could instil primary anxiety and fear toward female figures. . . . This hypothesis grew out of anthropological observations that the central figure in Irish families is more likely to be a controlling figure on the distaff side, while fathers, especially in straitened economic circumstances, are frequently by contrast shadowy and evanescent.
> [58] . . . An Irish male patient beset with anxiety and fear of female figures
> [838] early in life, and lacking possibilities of firm male identification with a father, would later experience the sexual repressions and socio-religious definitions of marriage and sexuality for which his culture, with its high celibacy rates, protracted engagements, and sin-guilt emphases, is justly famous. . . . all this spells a final anxious and fearful lack of positive sexual

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[815] * Irish psychiatrists in that country, England, and America are often reticent
[779] about discussing sex. Psychiatric theory in Ireland is modified by Catholic dogma, and specialists are influenced in writings, therapy, and discussions by subtle religious and political forces, as well as by their own character structure shaped by the Irish milieu. One psychologist, well acquainted with psychiatry in Ireland, dubbed much of it "Freud with clothes on."

identification, varying in a continuum from repressed and latent homosexual balances through to added displacements and distortions that are either pallid asexuality or fearful and bizarre misidentifications. Since the culture does not condone sexual expression or postpones and then rigidly defines it in marriage . . . latent homosexual balances [were hypothesized] for this group, no overtly sought interpersonal manifestations, and a facade of asexual misogyny varied only by the most personalized and bizarre female identifications. . . . [The] basic personality has stamped into it such feelings as male inadequacy, the masculine protest, hostility toward females, and the kind of latent homosexual feelings which produce a further sense of sin and guilt (Opler and Singer 1956: 15–18).

Among the seven diagnostic variables utilized by the researchers, the Irish patients ranked highest in the "Sin, Sex, and Guilt Ideology" (93 percent of the sample) and "Homosexuality Types" (90 percent of the sample-latent, none overt) categories.

Complementing the Oedipus complex in the etiology of sexual puritanism is male solidarity. It has a long history in Ireland—revealed in legend and modern literature alike—and is instrumental in delaying marriage and making for marital maladjustment. Freudian psychologists see it as one of the many possible by-products of the "universal" Oedipus complex—"male inadequacy, the masculine protest, hostility toward females, and . . . latent homosexual feelings"; but many anthropologists (especially structural-functionalists) analyze it as a sociocultural phenomenon, for it is found in societies in which the Oedipal configuration appears not to exist. Elizabeth Coxhead, in discussing Lady Gregory's play, *Grania*, alludes to the tragic plight of most Irish women, past and present.

Grania is . . . a play in which a woman is ousted from an emotional relationship between two men. The "love" is that of man for man, of brother for brother; it is loyalty to the warrior band, and a corresponding resentment of the woman who takes away the warrior's freedom, makes trouble with his comrades, distracts him from his purpose in life. It is an attitude which filters through the play as light filters through crystal; which runs through the heroic Irish sagas. . . . Its continuing validity was borne out by all Lady Gregory had observed in the world around her, the world of the "loveless Irishman," the peasant society which relegated women to serfdom, the middle-class intellectual society which left them only donkey-work. . . . such a view of the Irishwoman's role, of her relegation to insignificance and her resentment under it, is not exclusively feminine. It is abundantly confirmed by Synge. His heroines . . . are creatures caged and raging, given no scope for their powers, condemned to love men who are poor things

beside them and do not really care for them at all. O'Casey's Juno offers further positive support, and on the negative side, so to speak, are the quantities of second-rate Irish plays and stories that have for their mainspring a panic dislike of women, invariably represented as shrews, hussies, and Aunt Sallies at whom anything can be thrown. A woman has only to put her nose into a saloon bar . . . to realise that Almhuin is with us still (Coxhead 1961: 145–146).

In concluding this section, I would like to mention briefly an ingenious hypothesis of the cause of sexual repression in Ireland, presented by Sean de Freine in *The Great Silence*. His book is the most "convincing" expression to date of what linguists (outside of Ireland) term "language determinism," a monism still popular in that country a century after the advent of the Irish nativistic movement. Displaying a lack of knowledge both of contemporary linguistic theory and of sexual ethics in the "heart of the Gaeltacht," de Freine says:

> The Irish are often accused of a Jansenist approach to sex, which is supposed to date from the French influence in the Irish Church in and just after the penal times. But this attitude did not exist in Irish Ireland and does not exist in the Gaeltacht today. It would seem as though, when English spread throughout the country, it was English Puritanism and not French Jansenism, which brought about the change. For example, certain English words with prudish connotations were accepted, with their connotations, by the Irish, while their equivalents in Irish have no such nuances. In its English setting Puritanism was kept in reasonable check by the other native traditions: In Ireland, as the old culture died, there were no such natural checks to contain it (de Freine 1966: 164).

Space does not permit me to consider other causal factors listed earlier which are equally untenable.

SEXUAL REPRESSION: ITS INCULCATION

The inculcation of sexual puritanism in Inis Beag must be examined in four contexts: the role of the curate, the influence of visiting missions, enculturation in the home, and what I will term "secular social control" —the behavioral regulations imposed on themselves by Inis Beag adoles-

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cents and adults. It is through these agencies that Jansenism, masochism, the Oedipus complex, male solidarity, and other inextricably linked factors shape the severe sexual repression which gives rise to the cultural manifestations discussed in the last section of the chapter.

Priests of Jansenist persuasion have had subtle means of repressing the sexual instincts of the islanders in addition to the more extreme methods of controlling behavior—"clerical social control," such as employing informers, allocating indulgences, and refusing the sacraments to, and placing curses on, miscreants. Through sermons and informal classroom talks, the pulpit and the national school have served as effective vehicles of church discipline. The talks are especially telling, since they take advantage of the personality malleability of the formative years. The adult Irish person is rare who, although anticlerical, and even agnostic or atheistic, can transcend these early enculturative experiences, particularly in times of social crisis or personality disorganization. Erring islanders have often been sought out by priests and talked to privately after their ways have become known through gossip, informers, or the confessional. Some curates have suppressed courting, dancing, visiting, and other behavior either directly or "indirectly" (widely interpreted in Ireland) sexual in nature by physical action: that is, roaming the trails and fields at night seeking out young lovers and halting dancing by their threatening presence. This outward form of intrusion into island affairs is resented by most folk, as is the inward intrusion through priestly remonstrances; they question the right of the young, virginal, inexperienced, and sexually unknowledgeable curates to give advice in this sphere.

Church influence is also exerted through missions which visit Inis Beag every three to five years. On these occasions, two Redemptorist priests (occasionally Franciscans, Dominicans, or Passionists) spend a week on the island, where they conduct mass each morning and deliver long sermons in the chapel every afternoon or early evening. Everyone, even old people and mothers with young infants, is urged to attend to receive the "blessings of the mission." To some, this means shortening the time in purgatory for themselves or a deceased relative (an indulgence used to enforce church discipline). To others, absence carries with it the penalty of damnation, just as viewing an eel or small fish in the sacred well, appropriated from the Druids, promises salvation in an equally magical fashion. A mission usually has a theme, the variations of which are explored with high emotion and eloquence by the visiting clerics in

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their exhortations. The most common theme is "controlling one's passions," but two others have often been addressed in the missionizing effort: abstaining from intoxicating drink and maintaining the faith as an emigrant. Collections are made by children to support the endeavor, and a list of contributors and their respective donations is displayed publicly. This technique of social control is also used by the curate at the several yearly offerings. A mission creates an emotionally charged atmosphere on the island, which continues for weeks after the departure of the clerics.

The seeds of repression are planted early in childhood by parents and kin through instruction supplemented by rewards and punishments, conscious imitation, and unconscious internalization. Although mothers bestow considerable affection and attention on their offspring, especially on their sons, physical love as manifested in intimate handling and kissing is rare in Inis Beag. Even breast feeding is uncommon because of its sexual connotation, and verbal affection comes to replace contact affection by late infancy. Any form of direct or indirect sexual expression—such as masturbation, mutual exploration of bodies, use of either standard or slang words relating to sex, and open urination and defecation—is severely punished by word or deed. Care is taken to cover the bodies of infants in the presence of siblings and outsiders, and sex is never discussed before children. Several times my wife inadvertently inquired as to whether particular women were pregnant, using that word before youths, only to be "hushed" or to have the conversation postponed until the young people could be herded outside. The adults were so embarrassed by the term that they found it difficult to communicate with her after the children had departed. She once aroused stupefaction among men on the strand when she attempted unsuccessfully to identify the gender of a bullock about to be shipped off.

It is in the home that the separation of sexes, so characteristic of Inis Beag life, is inaugurated among siblings in early childhood. Boys and girls in the family remain apart not only when interacting with the parent of the same sex at work, but when playing in and near the cottage and traveling to and from school. Parents and their older offspring read popular religious journals, found in most homes, many of the articles in which deal with sexual morality of the Irish Catholic variety.

One sociologist (Berger 1963: 66–92) classifies social control methods as those which involve physical violence or its threat (e.g., political and legal sanctions), those which result in economic pressures (e.g., occupation and market place relations), and, finally, those which

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govern our "morality, custom, and manners" (e.g., persuasion, ridicule, and gossip). I will not consider political and economic manipulation; more significant are other techniques that I have labelled secular social control. Inis Beag, as much as any human community, is characterized by gossip, ridicule, and opprobrium. Influenced by nativism, primitivism, and structural-functional theory, writers and social scientists have painted a distorted picture of culture and personality equilibrium among Irish peasants. Actually, the folk are neither glorified Celts nor "noble savages," and dysfunctional sociocultural forms, mental aberrations (neuroses, psychoses, and psychosomatic disorders), and exaggerated defense postures abound.

Inis Beag people are ambivalent about gossip; they welcome every opportunity to engage in it, yet detest the practice when they are its victims. When asked to cite the major deficiencies of their way of life, islanders usually place the prevalence of malicious gossiping near the top of their list. Boys and men hide themselves in the darkness or behind fences to overhear the conversations of passersby; they maintain close scrutiny of visitors during the summer, both day and night, in order to discover them in "compromising" situations. Parties are organized at the last moment and persons will leave the island without any previous announcement—often to emigrate or enter the hospital or join a religious order—in order to circumvent gossip. Rumors run rife in Inis Beag, especially when they concern, for example, the "nude" sun bathing of a visiting actress (bared shoulders and lower thighs) or the "attack" on a Dublin girl late at night by an island youth (an effort to hold her hand while under the influence of stout). Over a dozen efforts on our part to determine the truth behind the most pernicious rumors of this genre revealed sexual fantasy at their core in every case.

The force most responsible for limiting the potential social activities of women—which would make their lot much easier and possibly stem the tide of emigration—is the fear of gossip: "If I went for a walk, they'd wonder why I wasn't home tending my chores." Even couples who might otherwise disregard religious teachings and the wrath of the priest do not court, because it might be observed and reported through gossip to the entire population.[7] An islander must carefully regulate his

[7] The fear of being observed, as well as repression, may account for the apparent lack of sexual contact with animals. This practice may be common among mainland peasants, if one is willing to accept as evidence the existence of a genre of dirty jokes popular there, and hearsay among certain scholars concerning confessional materials.

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626 own words and actions in the presence of others so that the fires of factionalism are not ignited. Equally feared are informers of the curate and relatives or close friends of persons in an audience who might be offended by a heedless remark brought to their attention by the listeners.

83 It is sometimes heard in Ireland, from those aware of, and willing
154 to admit, the fact, that the inability of most Irish to "share themselves"
182 with one another, even husbands and wives, is a heritage of the fear of
[626] gossip—a fear that one's intimate revelations will become common knowledge and lead to censure and "loss of face." A more likely explanation, according to those of Freudian bent, is the Oedipus configuration, which numbers among its many effects the following: the prevalence of romantic attachments and the rarity of conjugal love; the lack of sexual foreplay, marked by little or no concern with the female breast; the brevity of the coital act and the frequent spurning of the woman following it; the need to degrade the woman in the sexual encounter and the belief that the "good" woman does not like sex, and, conversely, that the sexually disposed woman is by virtue of the fact "bad." All of these widely reported phenomena bespeak the overwhelming influence of the mother image.

157 Ridicule and opprobrium, as well as satire in song and tale, are
[626] effective control mechanisms in light of the emphasis placed by Inis Beag
[123] folk on saving face. Most islanders could not believe that I was author of the ballad referred to in footnote 5 because several stanzas attack my character; they find it difficult to conceive of anyone publicly proclaiming
[208] their own faults, under any circumstances. Opinions, once formed, are
[577] clung to tenaciously, even in light of obviating circumstances, since to alter them would be an admittance that they were ill advised in the first instance. The folk pride themselves on being able to judge a stranger's character immediately on meeting him, and this initial impression is
[533] rarely modified no matter how long their interaction continues. A seldom
[539] revealed tradition of satirical balladry exists in Inis Beag, but its employ-
[576] ment is infrequent and then calculated according to singer and audience so as not to offend directly. Apprehensiveness and anxiety about real and imagined ego assaults by others are dominant personality traits of the islanders.

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HISTORICAL AND CULTURAL IMPLICATIONS

I have already touched tangentially on some of the historical and broad cultural implications of sexual puritanism, in Ireland as well as Inis Beag. In this final section, I will examine the perennially addressed phenomena of late marriage, celibacy, and emigration, in their island setting, with special reference to the factor of sexual repression.

In a population of 350, 116 persons are married, 13 are widows, 3 are widowers, and 33 males over twenty-three years of age and 21 females over seventeen are single. Since marriage occurs between twenty-four and forty-five for men and eighteen and thirty-two for women, on the basis of past statistics, only 18 men and 9 women are eligible for marriage. As mentioned earlier, the average marriage age for males is thirty-six and for females twenty-five. My wife and I isolated almost two dozen interrelated causes of late marriage and the prevalence of bachelor and spinsterhood. The most emphasized cause in Ireland is the pattern of inheritance: one son, usually the eldest, must wait until the father is ready to pass on his patrimony and his own siblings have married or emigrated. In an attempt to alleviate the situation somewhat, a law today requires that to receive the "old-age" (pension) a man at seventy must will his property to a son, or other appropriate person. This cause is important in Inis Beag, although primogeniture is not so well defined (of those sons inheriting property, 47 percent are first born, 42 percent second, 8 percent third, and 3 percent fourth and later). Inis Beag fathers are loath to surrender their land and control of the household to their sons and will often play off the sons, one against another, in order to achieve favored treatment for their wives and themselves in their waning years. Occasionally this procedure "backfires": the sons, acting in concert, emigrate together, and an increasing amount of land lies idle because of this.

Equally loath to disturb the family status quo, island mothers will often resist incoming daughters-in-law, who threaten not only their commanding position but the loss of their sons' affection. Mothers whom we have interviewed in Inis Beag and elsewhere in Ireland display the extreme of Oedipal attachment when they rejoice in their sons' decision

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589 to join the priesthood; not only are spiritual blessings and prestige brought
593 to the family as a result, but their sons are at last removed from potential
[155] wives. Yet the Inis Beag man who wants to marry and is prevented from
793 doing so by domineering and jealous parents is the subject of much gossip. Outwardly, at least, his plight is considered a "shame."

* 831 To the man in his late twenties and thirties who is secure in his
581 home and has established regularized patterns of conduct (and has a
589 mother who acts in most ways as a wife surrogate), the general responsi-
567 bilities of marriage, and specifically its sexual responsibility, are factors
[593] militating against his seeking a spouse. Some men who have land, the consent of their parents, and willing "sweethearts" will balk at a match because they are too happy "running with the lads," and if persuaded to marry, they will try to retain as much of their bachelor role as possible within marriage. It was hinted to my wife and me on several occasions that particular island celibates almost married several times in succession, only to find the sexual commitment too difficult to make at the last moment.

162 Three other causes of late marriage and the single estate in Inis Beag
167 must be mentioned. Girls are more dissatisfied with their future lot than
582 are boys and men and are emigrating at ever younger ages, thus sharply
589 reducing the number of eligible females. During the 1950–1959 period, the average age at which girls emigrate dropped below twenty-one years.
[871] Each year more of them attend schools on the mainland and thus are
484 more exposed to stimuli which promote emigration. Mothers are puzzled
[178] at the increasing exodus of their daughters, since women today have a far easier time than they did a generation or two ago; but some are glad
182 to see them escape the drudgery and boredom of island existence. Since
582 late marriage has been a persistent phenomenon in Ireland since the great famine, it has become institutionalized and serves as an expectation for young people. We heard Inis Beag adults assert that marriage should be postponed to conform to island mores; this usually was buttressed by
829 a rationale of males not having "enough sense" to marry until they are
[561] nearly forty years of age. Reflected in this rationale is the male age-grading conceptualized by the folk: a man is a "boy" or "lad" until forty, an adult until sixty, middle-aged until eighty, and aged after that (exhilarating to the American anthropologist approaching forty who comes
582 from a society obsessed with the "cult of youth"). A final cause, often
[586] articulated by the islanders, is the fact that divorce is impossible in Ireland, therefore the choice of a spouse must be well considered. It

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appears, however, that this argument is usually used as a rationalization for late marriage, when other causal factors are, in reality, responsible—certainly when "considering" covers two or more decades!

The population of Inis Beag has dropped from a high of 532 persons in 1861 (up 76 from the prefamine census a decade earlier) to 497 in 1881, 483 in 1901, 409 in 1926, 376 in 1956, and 350 when my wife and I were there two years later. Today, there is grave concern over the future of the island, and some folk hold that within another generation or two Inis Beag will have gone the way of the Blasket Islands. Although my wife and I isolated almost two dozen causes for the phenomena of late marriage and celibacy, over thirty interrelated causes pertain to emigration (many of those at work in the marital sphere also stimulate emigration). Once again, I will address only the principal causes and stress the role of sexual repression, dealing first with internal factors and then external ones promoting emigration.

Among internal causes, the previously considered inheritance pattern, parents who want to maintain the family status quo for various reasons, and the girls' and young women's increasing dissatisfaction with their lot figure as prominently in the emigration picture as the marital. Some Inis Beag men claim that the reason male youths are leaving the island is economic depression, caused by the collapse of kelp-making and the fishing industry. But this cause is untenable when one examines the increase in government subsidies, remittances from relatives abroad, and taxation and land rental policies; these have far more than made up for the loss of previous revenue. Real income has increased substantially, despite recent inflation, and young men are very much aware of this fact. Just as late marriage has become institutionalized over the past century, so has emigration since the first large-scale migration of islanders in 1822. Emigration is a way of life, which will stimulate some folk to leave in spite of other conditions which might lead an observer to advise their remaining.

By far the most important reason for Inis Beag's long dwindling population is the total cultural impact of sexual puritanism and the secular "excesses" of the clergy. Blanshard writes, "When all the reasons for a flight from Ireland have been mentioned, there still remains a suspicion that Irish young people are leaving their nation largely because it is a poor place in which to be happy and free. Have the priests created a civilization in which the chief values of youth and love are subordinate to Catholic discipline?" (Blanshard 1954: 154). What "remains a suspicion" to Blanshard is fully confirmed by a wealth of data from Inis

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Beag, only limited amounts of which have been reported in this chapter. Even though sexual repression and fear of the clergy prevent the folk from being outspoken in this matter, it is constantly broached among themselves.

Paramount among external factors stimulating emigration are prosperity on the mainland and abroad, the impact of the mass media of communication, the increasing number of tourists visiting Inis Beag, the return of former emigrants, and the fact that, with an increase in incomes and scholarship funds, more island children are going to the mainland for their schooling each year. America has been a land of freedom and prosperity to the Irish since before the famine, and, until the Second World War, most islanders migrated there never to return. But the growth of prosperity in England following 1946 shifted the stream of emigration in that direction, for not only were jobs plentiful across the Irish Sea, but large, viable ethnic communities served by Irish clergy had sprung up in big cities. And it was possible to visit Ireland frequently, as the distance and cost are slight compared to a journey across the Atlantic. It is common for youths vacationing in Inis Beag from England to talk others into returning with them. The latter declare that they will soon come back to the island to settle permanently, hopefully with "great riches," but they seldom return. Since the war, a number of "Yanks" have also returned home, and their stories of life in America make the youthful islanders restive. Tourists who remain for weeks and months in Inis Beag and come to know many folk also sow the seeds of discontent.

Television was introduced into Inis Beag during 1963, and the two sets now installed always have ready and willing audiences. Almost every cottage has a radio, and, although the islanders seldom read books, a wide assortment of domestic and foreign magazines and newspapers find their way into most homes. These mass media also are an emancipating force making for restiveness and discontent, as they allow the islanders to glimpse behind the "lace curtain" at what appears to be a happier and freer world. Television and radio programs are censored, but, even so, the morality expressed in them—especially the sex and violence drenched American ones—presents a striking contrast to locally conceived moral precepts. A censor from Inis Beag would most certainly create more discontinuities in films with his shears than do his much maligned "secularized" colleagues in Dublin.

Most of what I have written in this essay is to be found expressed in the works of such older Irish writers as James Joyce, Sean O'Casey,

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Austin Clarke, and Patrick Kavanaugh, and such younger ones as William Murray, John McGahern, Edna O'Brien, John Broderick, Brian Moore, and Benedict Kiely. Irish reviewers of the writings of the younger authors often criticize them for portraying an Ireland of the distant past. But, although conditions there are changing quite rapidly, sexual repression is still a force active enough to command the attention of creative artists and social scientists.[8] The subtle influences of nationalism, religion, and sexual puritanism were very apparent in the revisions suggested by most of the twenty-six "unbiased" scholars of Irish descent—in Ireland, England, and America—to whom I submitted the first version of this article for comment.

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[8] I am confident that one of the major "lines of attack" on my ethnography by Irish nativist reviewers will be that the community described is atypical and conditions in urbanized Ireland no longer bear any resemblance to those in Inis Beag. Since 1957, I have been much criticized by African elitists for describing in my writings a primitive culture which they claim is no longer characteristic of that developing continent.

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[For information pertaining to emigration and its relation to sexual repression, late marriage, celibacy, and family relations in Ireland, see 17: Messenger, ER6 Rural Irish, category 116, pp. 32-36.]

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[For information pertaining to the historical background of Irish national character and personality development, the relation to sexual repression and theological dogma, see 17: Messenger, ER6 Rural Irish, category 116, pp. 20-27.]

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[For Information on the attitudes of the Rural Irish towards sex, see category 116, pp. 13-36.]

[For information pertaining to governmental activities in Inis Beag, see category 657.]